

eliminating racism  
empowering women

**yw**  
boston



# F.Y.R.E. INITIATIVE

*Fierce Youth Reigniting Excellence*

## WHAT IS F.Y.R.E.?

The F.Y.R.E Initiative is an empowerment and leadership program for middle school girls, inclusive of trans and gender non-conforming students, within the Greater Boston area. It is an in-school and after-school program that uses dialogue and experiential learning through a curriculum that focuses on positive self-identity and social emotional skills, as well as social justice and civic engagement.



### YW Boston Gender Inclusion Statement:

We are committed to providing comprehensive and inclusive programming that uplifts the experience of all girls regardless of their assigned sex at birth. The F.Y.R.E. Initiative maintains gender equity by welcoming cisgender girls, transgender girls, and gender non-conforming individuals who experience oppression and discrimination based on their gender, gender identity, and gender expression.

In our weekly program, participants gain the skills and knowledge to assess racial and gender inequities within Boston, build a sense of self and empowerment, and increase their capacity for engagement in advocacy as they examine their own needs and the needs of their community. At the end of the program, students will present a community action project at a F.Y.R.E. Initiative organized event where students have the opportunity to engage with other youth leaders across Greater Boston.

### **BRING F.Y.R.E. TO YOUR SCHOOL!**

To learn more about participation, please contact Jay Boss at [jboss@ywboston.org](mailto:jboss@ywboston.org) or visit [ywboston.org/fyre](http://ywboston.org/fyre) for more information.

## WHAT CAN F.Y.R.E. IGNITERS ACCOMPLISH?

- Utilize critical-thinking to assess racial and gender inequities in the City of Boston
- Learn about historical and current movements for racial and gender equity
- Increase their capacity to engage in advocacy and policy change and lead others to act on issues important to them
- Build sense of self, empowerment, and resilience by controlling their lives and making an impact in their community
- Identify community needs and assets, and build problem solving skills in identifying solutions
- Understand how identities intersect and are impacted by systems of power
- Utilize reflection, empathy, and conflict resolution to work across differences to resolve broader institutional issues



## CURRICULUM OUTLINE

The F.Y.R.E. Initiative consists of weekly 1-hour sessions.

**Section I: Learn** - Students deepen their understanding of oppression, institutional power, and people power as they relate to their own lived experiences.

**Section II: Plan** - Students utilize group decision-making and problem-solving skills to research and identify issues within their school communities.

**Section III: Act** - Students will implement Community Action Projects that will address the community issues they have identified during the "Learn" and "Plan" sessions.

## READY TO GET F.Y.R.E.'D UP?

To learn more about YW Boston's F.Y.R.E. Initiative, inquire about program participation or become a F.Y.R.E. sponsor, please contact Jay Boss at [jboss@ywboston.org](mailto:jboss@ywboston.org) or visit [ywboston.org/fyre](http://ywboston.org/fyre).



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